

MERTON COUNCIL

Merton Health and Wellbeing Strategy 2013–2014

Working in partnership to increase opportunities for all to enjoy a healthy and fulfilling life and reduce health inequalities



www.merton.gov.uk



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Director of Public Health LBM

A Good Life in Merton

At the Merton Partnership conference on health inequalities participants agreed:

- Health inequalities between East and West Merton are unfair and unacceptable
- All Merton residents should have opportunities for a Good Life

The Place for a Good Life - Themes

- Best start in life – early years and achieving a strong educational base for children and young people
- Good Health – preventing illness, ensuring early detection and accessing good quality healthcare.
- Good life skills, lifelong learning and good work
- Community participation and feeling safe
- A good natural and built environment

Merton Does Well Overall on Most Outcomes

- Good Progress is being made on early years development and education achievement
- Merton Clinical Commissioning Group is improving quality of health care
- Public Health is striving to embed prevention, working with Council colleagues to ensure healthy options are available for individuals to make healthy choices

Yet gaps persist between the East and West of Merton

Link between Deprivation and Life Expectancy

Figure 2: Deprivation is higher in the east of Merion

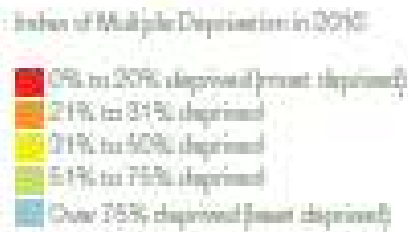
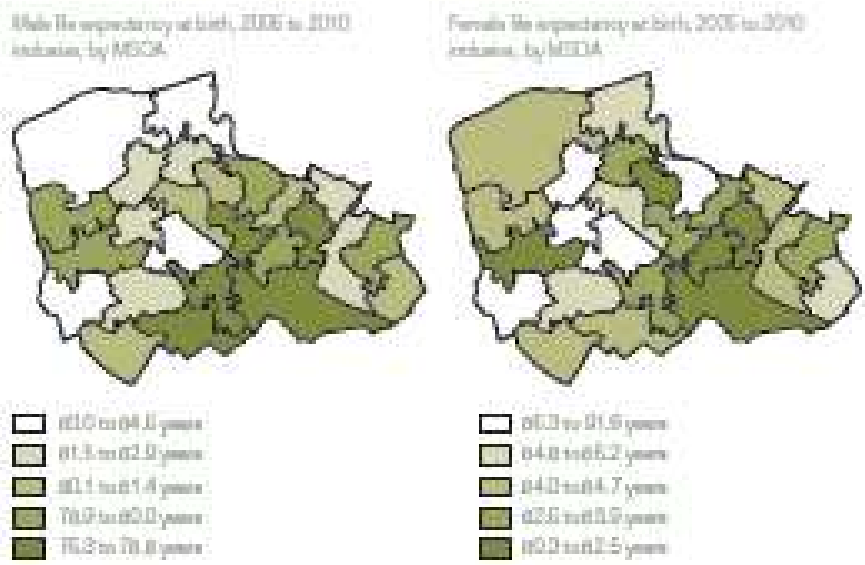
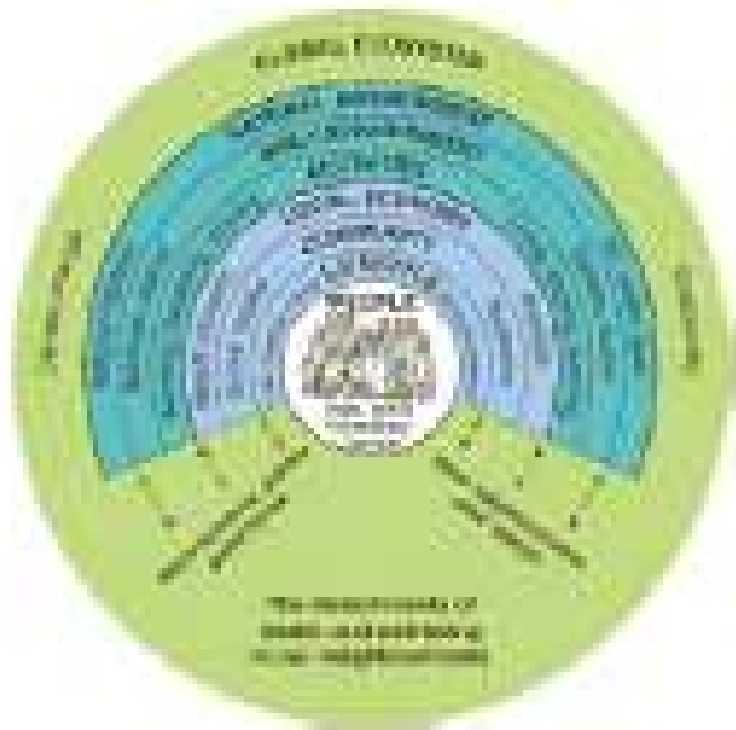


Figure 3: Good Overall Health Outcomes Despite Significant Inequality
Residents in the West live longer than those in the East of Merion

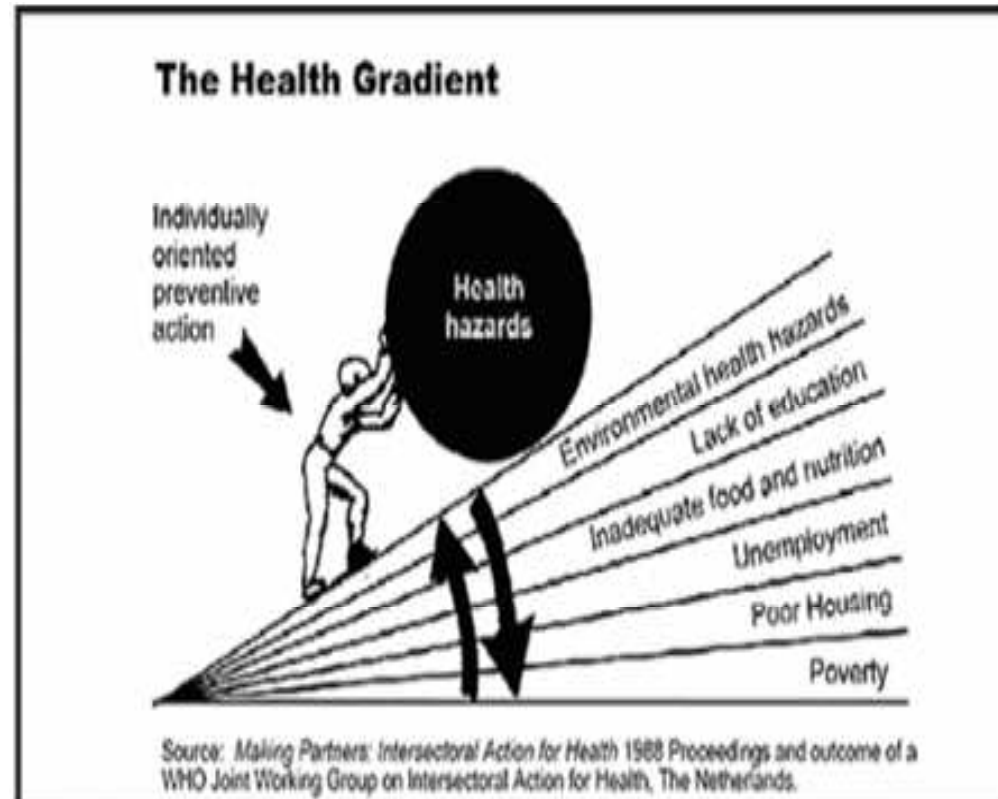


What Creates Health

Figure 1: What determines the level of health or ill



Estroff and Grant, 2003 based on Whitfield and Chalgren, 1991



Source: *Making Partners: Intersectoral Action for Health 1988 Proceedings and outcome of a WHO Joint Working Group on Intersectoral Action for Health, The Netherlands.*

The Good Life Themes – We Want To

Best Start in Life

Improve social and mental wellbeing of children and parents



Reduce gap in school achievement between E and W Merton

Good Health



Make the healthy option the easy choice

Develop health services to meet needs of E Merton

Improve mental health and physical health for those with mental health conditions

The Good Life Themes – We Want To

Good Life Skills and Good Work Community Participation and Feeling Safe

Reduce gaps in levels of education and of work

Increase participation in lifelong learning



Make communities safer

Improve community connectedness and cohesion

The Good Life Themes – We Want To

Good Natural and Built Environment

Build a healthy environment – access to green space and healthy high streets



Achieve the affordable housing and decent home targets

The Good Life – We Want To

Recognise that these inequalities are the responsibility of us all and that we can achieve more by working together than alone

Build a strong coalition to address these inequalities

Invite you all to take up this challenge to create a good life for all residents of Merton

